

# Quantum Expressions Deck

Decode Your Energy.

Discover Your Waypoints.

Define Your Evolution.

Particle Energy Characteristics (p)				Balance (Φ)	Catalyst (Δ)	Wave Energy Characteristics (λ)				Pri
1	2	3	4	5	6	7	8	9	10	Bo
Qk Qu				Et Entanglement	Wf Wave Function				Qt Quanta	
5	6	7	8	9	10	11	12	13	14	
P Proton	E Electron			N Neutron	Tm Transmutation			Ph Photon	Fi Feynman	
11	12	13	14	15	16	17	18	19	20	
D Dopamine	Cs Cortisol			Ge Geonit	Ad Adrenaline			Zy Zyme	En Endorphins	O Oxygen
18	19	20	21	22	23	24	25	26	27	Reg
De Death	Dv Division			H Homeostasis	Mm Metamorphosis			Rg Regeneration	Tx Transmission	Re
26	27	28	29	30	31	32	33	34	35	
I Inertia	F Force	Ps Pressure		Ma Magnetism	Eq Equilibrium	W Work	Fr Friction	Mo Motion	A Acceleration	Mn Momentum
37	38	39	40	41	42	43	44	45	46	Embo
Ak Anchor	R Resistance	Ct Contract	Il Illusion	Cn Connect	Me Meditation	In Intention	Io Ignorance	Cm Compassion	X Exhaustion	Fl Flow
49	50	51	52	53	54	55	56	57	58	Aw
St Stress	Ig Ignorance	Be Belief	Su Survive	Co Contemplation	Is Insight	El Elasticity	Id Idea	Th Thinking	Im Imagination	B Blessing
61	62	63	64	65	66	67	68	69	70	F
Fe Fear	Gu Guilt	Sh Shame	Ag Anger	C Coherence	Gr Gratitude	Gf Grief	Pa Passion	Aw Awe	J Joy	Tr Trust

Created by Kris Allan Kahn

# Start Here

*Congratulations* on discovering the **Quantum Expressions Deck** — a transformational system that blends science, symbolism, and personal alchemy.

This is no ordinary deck. Inspired by the Periodic Table of Elements, the Quantum Expressions Matrix of **72 Core Elements** invites you to explore the movement of energy across multiple dimensions — from the quantum to emotional, from particle to wave.

You can work with the deck in two primary ways:

- ◆ **The Waypoints:** A 5-card map from particle to wave, guiding you through the arc of transformation: challenge, shift, and resolution. Each card reveals a vibrational waypoint on your energetic journey.
- ◆ **Snapshot:** Draw a single card to reflect your current state. Use the matrix to trace its row and explore how that energy might evolve — from where you are to your next expression.

Each meticulously crafted card includes:

- ◆ A **Core Element** by its initials and full name (e.g., Qk for Quark)
- ◆ Its **Function** and **Description**
- ◆ Its numbers by sequence and position in the **matrix**
- ◆ Symbolic and **Alchemical References** for deeper insight.

Whether you are a coach, conscious technologist, healer, or seeker of inner clarity, this deck meets you with resonance — grounded in structure, yet designed to evolve with you. It's an essential tool for mapping energetic truth and unlocking your next expression.

*Approach with curiosity. Use with intention. Embrace the inspiration.*

# The Waypoints

## The Map from Confusion to Clarity.

This 5-card layout reveals a transformational arc — guiding you from lower-density experience to expanded awareness and integration. Each card marks a **waypoint** on your energetic journey, helping bridge the gap between challenge and coherence.

### Instructions

#### 1. Set Your Intention

Begin with a calm breath as you shuffle the deck. Bring to mind a meaningful **question**, pattern, or theme that seeks clarity. Examples:

- \* “What is available to help transform in my life?”
- \* “Where am I being called to grow, evolve, or awaken?”

#### 2. Cut the Deck into 5 Stacks

Turn over the top card from each pile and set aside into a row. If any key energy group is missing — **Particle**, **Transition** (*Balance* or *Catalyst*), **or Wave** — draw from the stacks until all are represented. Add those to form your 5-card sequence.

#### 3. Arrange the Arc

Lay the cards in an arc, like a bridge or rainbow. Start with a **Particle** card (lower-left of the matrix), then move through **Balance** and **Catalyst**, ending with a **Wave** (lower-right). This forms your map.

#### 4. Walk the Bridge

One by one, reflect on how each card relates to your question or meets your intention. Consider the color group (top), scale (left), principle (right), symbolism (bottom), and special references (alchemy). **Each card is a waypoint on your transformation map, guiding your awareness from one expression to the next.**

# Snapshot

## Map Your Current Expression

This single card draw offers a snapshot of your energetic state — a mirror for awareness, alignment, and transformation.

### Instructions

#### 1. Set Your Intention

Take a moment to breathe and center yourself. Focus on a meaningful question or reflection, such as:

♣ “What can I uncover today to help me move forward?”

#### 2. Draw a Single Card

Shuffle the deck, draw one card and lay it face-up. Let this Core Element speak as a symbol of your current energetic expression.

#### 3. Reflect on the Card and the Path Within the Row

Use the matrix to locate your card's row (e.g., Emotional, Chemical, Mental, etc.). Then, notice the neighboring cards in that row — the **Balance and Catalyst cards**, and the **Wave-side cards** (toward the right). These represent your potential for transformation or movement from your current energetic expressions card.

Ask yourself:

♣ “What core elements or principles could support more coherence, flow, or expression for me now?”

#### 4. Celebrate the Wave

If your card is already one of the right-most Wave cards in its row, honor that! It means you're in alignment with a refined, radiant state in this area. Embody its energy — and let it carry you forward.

# Card Anatomy

